



From the Principal's Desk

Celebrating The Spirit of Indian Festivals

With its rich cultural heritage, India is a land of vibrant festivals. Each festival we celebrate has its unique significance, traditions, and rituals, yet they all share a common thread—a celebration of life, unity, and togetherness. As we observe these festivals, we are reminded of the values that have shaped our society for centuries: respect for nature, love for family, and the importance of giving back to our communities. At our school, we strive to impart academic knowledge and an understanding of the diverse cultures and traditions that make India so unique. Festivals like Diwali, Holi, Eid, Christmas, Durga Puja, and many others are not just occasions for celebration but are opportunities for learning, reflection, and bonding. They teach us important life lessons, like the triumph of good over evil, the power of forgiveness, the importance of sharing, and the joy of togetherness.

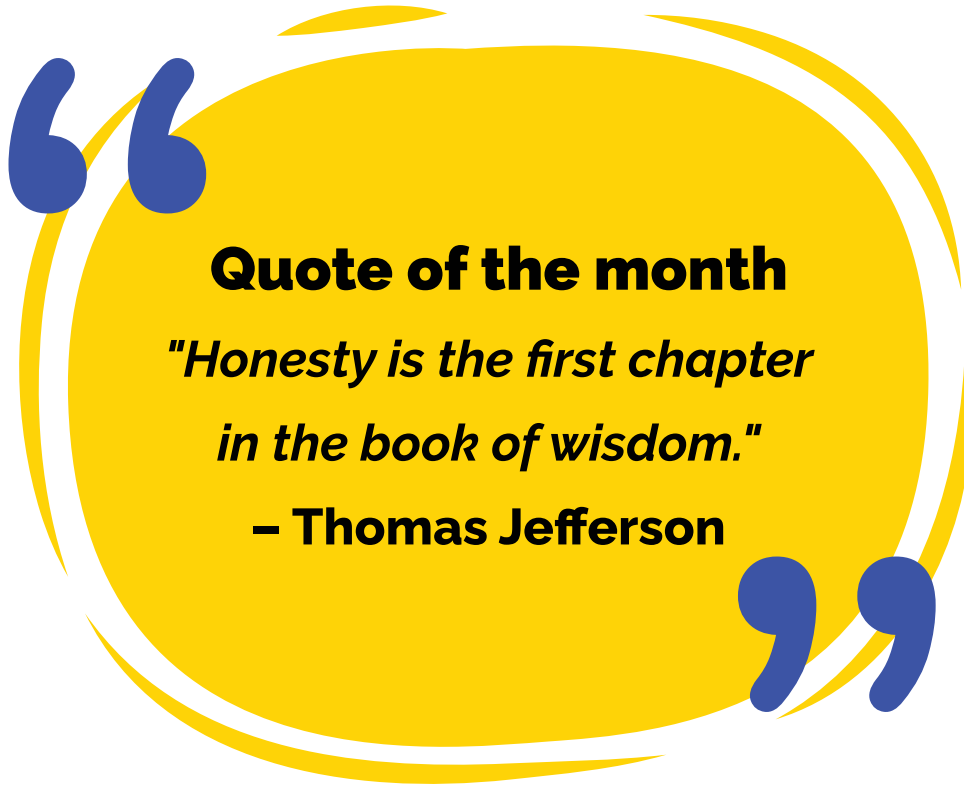
Learning Through Celebrations: While festivals provide us with moments of joy and festivity, they also serve as reminders of the values we hold dear. During Diwali, we reflect on the importance of light—both in the form of knowledge and wisdom. During Raksha Bandhan, we learn the significance of family bonds and the responsibility we have towards one another. And during Christmas, we remember the virtues of kindness, generosity, and compassion. As educators, it is our responsibility to guide our students through these traditions and ensure that the essence of each festival is passed on to future generations. By embracing the customs of our festivals, we instill in our students a sense of pride in their cultural identity while also nurturing values that contribute to their holistic development.

Festivals: A Bridge to Unity: In today's globalized world, it is more important than ever to preserve the unique traditions of our culture while also embracing the values of inclusivity and harmony. Festivals in our school not only celebrate the diversity of India but also act as a bridge that connects us all, regardless of background, faith, or region. They provide our students with a platform to interact with peers from different communities, fostering mutual respect and understanding. As we continue to grow and evolve as a school, let us remember that the festivals we celebrate are not just events on the calendar, but

opportunities to teach our students about life, unity, and the importance of living in harmony with others. Wishing You All a Joyous Festival Season!

In closing, I encourage all our students and their families to embrace the spirit of celebration, learning, and togetherness that each festival brings. May these occasions be filled with joy, peace, and the warmth of family and community. Together, let's continue to celebrate the vibrant mosaic of Indian festivals, passing on their timeless values to the generations that follow.

- Ms. Sripurna Sarma,
Principal, RIA Sarjapur



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EVENTS AND ACTIVITIES AT SCHOOL

EVENTS

At Ryan International Academy, Sarjapur, Teacher's Day was celebrated with exceptional enthusiasm and heartfelt appreciation. First and foremost, we would like to wish a heartfelt Teacher's Day to our respected Chairman Sir, Dr. A. F. Pinto, and Managing Director, Madam Dr. Grace Pinto and gratitude for the wonderful message. Students from grades V to VII orchestrated a memorable event, starting with a soul-stirring choir performance that captured the essence of gratitude. This was followed by a vibrant display of folk dances, showcasing the diverse talents and creativity of the young performers.

The highlight of the event was a touching speech by Head Girl Saanvika Reddy, who eloquently underscored the significance of Teacher's Day. She praised the dedication and selflessness of the teachers, emphasizing their unwavering commitment to nurturing and guiding students. Throughout the day, classrooms buzzed with activities designed to honor teachers, including card making and student speeches that conveyed heartfelt messages of thanks.

As the saying goes, "A teacher affects eternity; they can never tell where their influence stops." The genuine love and affection shown by the students made the day exceptionally special for all the teachers at the academy. The celebration not only highlighted the invaluable role of educators but also reinforced the strong bond between teachers and students.

Microteaching Session

"Teachers are the managers of the world's greatest resource-students". Teaching children is an accomplishment, but getting children excited about learning is an achievement. Keeping this as our primary aim, we conducted a microteaching session at Ryan International Academy, Sarjapur. Micro teaching sessions have proved to be a powerful technique that allows teachers to refine their teaching skills in a controlled environment. It helps in developing the knowledge, skills and abilities of the teachers. All the facilitators of the primary section were involved in the session. They planned and executed their presentation on a



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particular content in a stipulated time slot. They presented extremely well with the help of visual aids and TLMs relevant to the topic. They incorporated interactive elements like quizzes, group discussion, hands-on activities, etc. The benefit of the session was that they got constructive feedback from their peers, section heads and respected Principal Ms. Sripurna Sarma. Suggestions were provided regarding proper classroom management, grabbing the learner's attention, proper gestures, voice modulation, incorporating storytelling and use of real –life examples to illustrate concepts which will become a driving force for students in having clear concept clarity. The feedback and self-reflection guided facilitators in modifying their teaching skills and strategies which would be student-centric. This session was highly beneficial to all the teachers to enhance and execute their classroom teaching with confidence.



Ryan Sir's Visit

On 7th October 2024, Ryan International Academy, Sarjapur, had the honour of hosting Mr. Ryan Pinto, CEO of Ryan Group of Schools. Welcomed by our respected Principal, Ms. Sripurna Sarma and the student council with a Guard of Honour, they were presented with bouquets, badges, and welcome cards. Head Boy, Mst. Hriday Gauroji and Head Girl, Miss. Saanvika Reddy showcased a 3D model of the school, followed by a tree plantation ceremony. A school tour led by our students highlighted key facilities. The young authors of our school interacted with the guests. The visit was motivating and enriching for students and staff alike.



Parent Teacher Meeting Mont I to Grade VII

The Parent Teacher Meeting was scheduled on 19th October 2024 i.e. Saturday at Ryan International Academy, Sarjapur. Today's PTM was meant to highlight the progress of the students, and it was also focused on the comprehensive snapshot of our school's commitment to holistic education and community involvement.



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At different grade levels, there was proper planning and execution of presentations like Toy Band and Karnataka folk dance presentation by Montessori, Musical instrument presentation, Speech and Drama presentation on the theme "Save Electricity", Media presentation, Martial Arts presentation, Coding presentation, Innovation Project display, Dance performance, different food stalls set up by students, display of Eco club, Home science and art club work, Young journalists interview with parents for feedback.

The PTM was also featured with an exemplary exhibition of earthen lamps depicting Madhubani Art, handmade Bird Feeders by Eco club students and Home Science food stalls. These Community Service fundraiser activities served as the best learning experience as students participated in it and gained knowledgeable insights.

PTM incorporated the City Transformation program through an E-waste collection drive in collaboration with Lion's Club and plantation drive, allowing parents to actively participate alongside our students. In conclusion, in this PTM, parents gained faith and understanding in the ways that schools adopted and nurtured their children through different hands-on-activities.

Birthdays at Ryan

Birthdays of students and staff at Ryan International Academy, Sarjapur, are celebrated with heartfelt joy during the month of September. Each student is honored during assembly with personalized wishes and a cheerful birthday song, making their day truly memorable. Adding to the celebration, students contribute to the environment by planting saplings in the school grounds, symbolizing their gift to Mother Earth. These thoughtful gestures not only mark their special day but also instill a sense of responsibility and care for the environment among the students, fostering a spirit of celebration and sustainability at the academy.



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Grandparents Day Celebration

"A little bit parent, a little bit teacher, and a little bit best friend.

Grandparents make the world a little softer, a little kinder, and a little warmer."

We at Ryan International Academy, Sarjapur celebrated Grandparents Day on 26th October 2024. The event was a heart-warming gathering of grandparents and their grandchildren. The program was meticulously planned and executed, reflecting the appreciation of their incredible contribution to strengthening family bonds.

Grandparents were welcomed with badges by the Head Girl. The ceremony kick-started with Scripture reading, the Lord's Prayer, prayer songs and welcome speech. Melodious renditions of welcome songs sung by grade I and II students were well-received by the audience. Respected Principal Ms. Sripurna Sarma delivered a welcome address to the guests and all present at the ceremony.

The heart-touching and phenomenal dance performance was dedicated by little Ryanites of Montessori I and II students. Mesmerizing and eye-captivating retro-dance performances were presented by mont III to grade II students. A short video was played to pay tribute to them, followed by the ramp-walk. Grandparents were gifted with a Welcome Card. Fun game activities were performed by grandparents with their grandchildren. The event included the distribution of medals and trophies to the winners. Refreshments were served to the grandparents and grandchildren.

It was evident that all participants thoroughly enjoyed themselves, making memories that will last a lifetime. The Grandparents Day celebration at Ryan International Academy, Sarjapur was characterized by a blend of respect, gratefulness, love and festivity.



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National Nutrition Week Grades I to VII

"The role of our diet in life plays the most important role in promoting the health and wellbeing of a human being. A good and balanced diet habit improves the quality of life, as a poor diet might cause morbidity and illnesses."

National Nutrition Week is typically celebrated to promote healthy eating habits and raise awareness about the importance of good nutrition. At Ryan International Academy, Sarjapur, we proudly celebrated "National Nutrition Week" starting from 1st to 7th September. It aims at promoting healthy diets that satisfy individuals' nutritional demands at every stage of life.

This year's theme "Nutritious Diets for Everyone" emphasizes the importance of access to a healthy diet for everyone, regardless of income or social status.

There were a series of activities conducted at different grade levels. Grade I and II students presented a "Healthy Plate" where they created a visual representation of a balanced meal by drawing different food items of high nutritional value and speaking about their importance to our bodies. Grades III to V students participated in the "Healthy Food Pyramid Competition" and gave a presentation on it. Grade VI and VII students performed Food Label Analysis. They understood food labels by analyzing different packaged foods. As per their analysis, they demonstrated the benefits and ill effects of packaged foods.

The National Nutrition Week served as a wonderful opportunity for educating students about the vital role and benefits of a balanced diet and the impact of healthy nutrition on body and mind.

Aditya L1 Mission Launch Grades I to VII

At Ryan International Academy, Sarjapur, we proudly conducted activities on "Aditya L1 Mission



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Launch" on 6th September 2024. This activity enhances their appreciation for space exploration and encourages active participation in the scientific community.

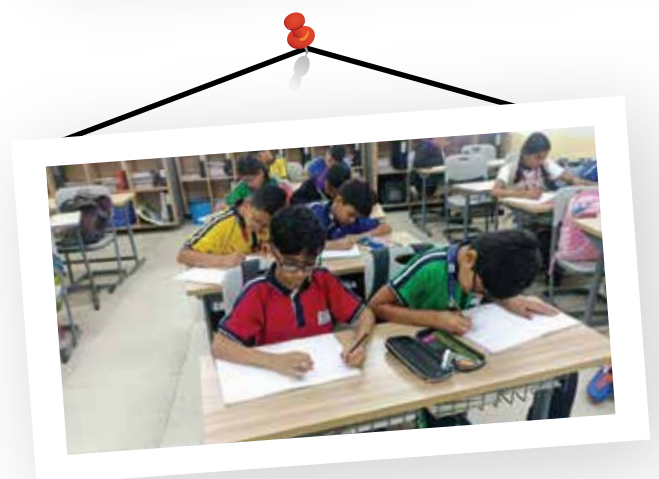
Grades I to V students played the role of Space News Reporter. Each student investigated details about the Aditya-L1 mission for the news segment, which included an introduction, key points about the mission, and a conclusion. They presented their news report on the Aditya-L1 mission, using their well-prepared script and visual aids. Each presentation adhered to the planned content, style, smooth delivery and within a time limit. They delivered the news segment to the class with a professional demeanour, using effective communication techniques and conveyed the information clearly.

Grade VI and VII students created a timeline of the Aditya L1 Mission, which includes its planning, development, launch, and expected milestones. They investigated details such as its objectives, launch details, key scientific goals, and expected outcomes. They utilized reliable sources such as ISRO's official releases, space science journals, and reputable news outlets.

The Space News Reporter role play and creating Timeline on the Aditya-L1 mission provides an engaging way for students to learn about a significant space exploration project. By researching and presenting on this mission, students not only gain insights into solar science but also develop valuable skills in communication and teamwork.

World Students' Day Grades I to VII

For World Students' Day, a series of engaging activities were organized to celebrate the spirit, dedication, and potential of students. The event included interactive sessions highlighting the importance of education and innovation. Students participated in inspiring discussions about the life and achievements of Dr. A. P. J. Abdul Kalam, whose birthday is commemorated as World Students' Day. Workshops were conducted where students



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explored creative projects, team-building activities, and shared ideas on how they can contribute to society. Competitions such as essay writing, poster-making, and debates allowed students to showcase their skills and celebrate their role as future leaders and change-makers. The day fostered a sense of pride and motivation, inspiring students to pursue their dreams and strive for excellence.

Academic Activities

At Ryan International Academy, our assemblies are vibrant celebrations of global cultural heritage. Each month, we host a special Math assembly, highlighting the beauty of mathematics in engaging ways. For every significant day, themed performances reflect its importance, fostering awareness and appreciation among students. Every Wednesday, our Talent Show provides a platform for students to showcase their skills in singing, dancing, speech, or playing instruments. On every Monday, a book review is presented by any student. Our daily morning assemblies serve as energizers, setting a positive tone for the day and inspiring both students and staff to start the day motivated and ready to excel.

Experiential Learning Activity – Grade III 'A' & 'B'

Students recently participated in an experiential learning activity focused on bird adaptations. Through this hands-on experience, they explored how the shape of a bird's beak plays a crucial role in its ability to eat specific types of food. The students also learned that the shape of a bird's claws can help identify its diet, habitat, and behavior.

By examining various bird species, students gained a deeper understanding of the different adaptations birds have developed to survive in their environments. They were able to identify and differentiate the shapes of beaks and claws of different birds, linking these features to the birds' feeding habits and ecological roles.

This activity not only enhanced their knowledge of



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ornithology but also fostered a greater appreciation for the diversity of bird life and the importance of adaptations in the natural world.



INNOVATION ACADEMY

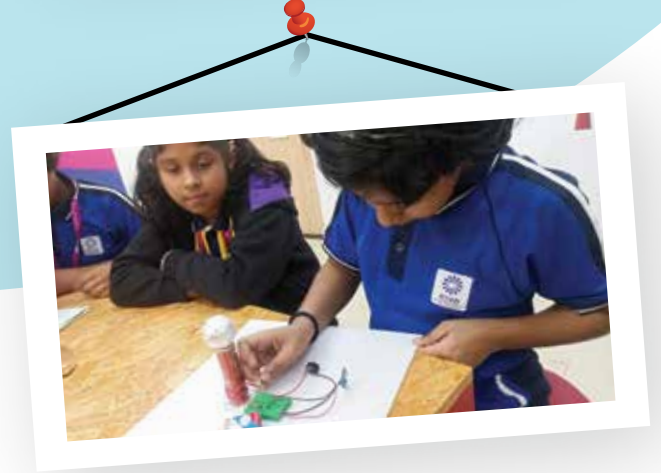
Tesla Coil - Grade V

The activity helped students to understand electromagnetic induction. Tesla coils are great for visualizing electricity by showing how it travels through the air and the spark that is produced can even be used as a source of ignition. They learnt that Tesla laid the groundwork for the electricity generation and delivery systems. It has solved the problem of how to distribute electricity safely and efficiently to homes, shops, and factories by developing the alternating-current power system.



Student Led News Program

Beyond Breaking News is a student-led news program by Ryan Group of Institutions that aims to educate young minds about journalism and media. It provides students with hands-on experience in news reporting, editing, and broadcasting. The initiative allows students to explore current events, develop communication skills, and understand the ethics of journalism. Through this platform, students learn to create and deliver news content, encouraging critical thinking and media literacy in a real-world context.



CELEBRATIONS

Birthday Celebration

Birthdays of students and staff at Ryan International Academy, Sarjapur, are celebrated with heartfelt joy. Each student is honoured during assembly with personalized wishes and a cheerful birthday song, making their day truly memorable. Adding to the celebration, students contribute to the environment by planting saplings in the school grounds, symbolizing their gift to Mother Earth. These thoughtful gestures not only mark their special day but also instill a sense of responsibility and care for the environment among the students, fostering a spirit of celebration and sustainability at the academy.



Health, Safety and Child Protection

HSCP Induction, Corporal Punishment and POCSO Training

Ryan International Academy, Sarjapur is committed towards providing a safe learning environment and safeguarding children's rights and safety against any offenses. A training workshop was organized on **13th September 2024, i.e. Friday at Ryan International Academy, Sarjapur.**

Respected Principal Ms. Sripurna Sarma conducted a session on "Protection of Children from Sexual Offenses Act (POCSO). The workshop on POCSO Act was organized with the primary objective of educating teachers on the legal framework, responsibilities, provisions and best practices related to child protection. She discussed the important features of this Act, like complete privacy, age of consent is irrelevant, mandatory reporting and gender neutrality. She also shed light on the processes under the POCSO Act, like processes at the police station, at the Child Welfare Committee, for the medical examination of the child, at the Special Court and the role of Police. Case studies and real-life scenarios were presented to enhance their ability to identify possible victims. The workshop also explored preventive measures, including the importance of age-appropriate sex education, open communication with students, and building a culture of trust within the school community. The workshop served as a crucial step in empowering school staff to fulfill their duty as protectors of children's rights and safety.

Training was also regarding HSCP (Health Safety and Child Protection) and Corporal punishment. She explained about the HSCP culture that ensures happy children, staff and parents, leading to a positive school working environment. The sole aim is to reduce or prevent serious injuries, accidents, harm and abuse. She addressed that Corporal Punishment violates children's rights to enjoy their lives of health issues through direct physical harm and mental torture, which affects children's cognitive and mental development. It also negatively affects children's cognitive development. It develops aggression in children and affects children's moral values and relationships with families and other people. She emphasized the role of school staff members in corporal punishment. All school members must ensure that all children enjoy their rights as per the RTE Act. All children should be treated in school in a manner that motivates children to stay in school and learn. No physical punishment will be given by anyone to the children, and it will not be permitted. Mental harassment should not be permitted in school. No form of discrimination should be permitted in school based on religion, caste, disability, gender, class, etc. The school environment should be kept free of any fear, trauma, or prejudice by all the school members.

Training was extremely beneficial and valuable for the safe and secure functioning of the school.



Health, Safety and Child Protection

Student's Workshop on Bully to Buddy and Sex Education Grades II to VII

Today at Ryan International Academy, Sarjapur, student workshops were conducted on the topics "Bully to Buddy" for grades II to V students and "Sex Education" for grade VI and VII on 18th October 2024, i.e. Friday. We expressed heartfelt thanks to a splendid presenter and phenomenal orator, Ms Kamala Meenakshi, for an enlightening and informative session. The workshop on Bully to Buddy was aimed to shift learner's perspectives and behaviours from hostility to friendship, fostering a culture of respect and support. The workshop on sex education was aimed at open conversations about sexuality.

"Kindness is the language which the deaf can hear, and the blind can see."

The speaker explained about creating a supportive atmosphere. She made the students able to recognize the different forms of bullying and their impacts on individuals and communities. Ms. Kamala prioritized that by cultivating a culture of kindness, we can empower our students to impact their schools, communities, and the world positively. She emphasized that anti-bullying policies must be consistently enforced and communicated to all stakeholders.

"Sex Education doesn't corrupt children, it keeps them safe."

Grade VI and VII students gained knowledge about sex education, gender roles and stereotypes. It enabled them to make informed choices as they acquired knowledge about their bodies, reproduction, and sexual health, enabling them to make informed choices. Students understood that sexual violence can be reduced by knowing the importance of mutual consent and respect in relationships.

"Be a Buddy, Not a Bully: Nurturing Kindness and Respect in Education!"

She urged us to be buddies, not bullies, and create a school environment where every student feels safe, supported, and valued. She also praised Ryan International Academy, Sarjapur for practicing comprehensive anti-bullying policies and procedures that clearly define behaviour expectations, outline bullying consequences, and provide avenues for reporting incidents. Overall, both the workshop attained its desired goal and was a great success.





The Importance of Environmental Awareness

In today's world, environmental awareness is more important than ever. Our planet faces many challenges, such as climate change, pollution, and loss of biodiversity. By becoming more aware of these issues, we can each play a role in protecting our Earth for future generations. Environmental awareness starts with understanding how our actions affect the planet and learning small changes we can make to reduce our impact.

The environment provides everything we need to survive: clean air, water, food, and shelter. When we harm the environment, we also harm ourselves and future generations. For example, pollution in our air and water can cause health problems, and the loss of forests and natural habitats can lead to the extinction of plant and animal species. By protecting nature, we protect our own health and well-being. One of the biggest ways environmental awareness helps is by inspiring positive change. When people know more about environmental issues, they are more likely to take action. Schools, for example, play a major role in teaching students about the importance of recycling, conserving water, and protecting wildlife. At home, families can adopt eco-friendly practices like reducing plastic use, conserving energy, and growing their own food.

Environmental awareness doesn't mean we have to make huge changes all at once. Every small action counts! Here are some simple ways we can all make a difference:



Recycle: Sorting our waste can reduce the amount of garbage that ends up in landfills, helping to conserve natural resources.

Save Water: Small habits like turning off the tap while brushing your teeth and fixing leaky faucets save water.

Reduce Energy Use: Turning off lights when leaving a room and using energy-efficient bulbs can save energy and reduce pollution. Trees absorb carbon dioxide and release oxygen, improving air quality and providing a home for wildlife.

By becoming more environmentally aware, each of us can contribute to a cleaner, healthier planet. Schools, families, and communities can work together to make a positive impact. Whether we're planting a tree, recycling, or using less plastic, every action makes a difference. Let's all do our part to protect the environment and create a sustainable future for everyone.

"The Earth is what we all have in common"

*- Wendell Berry**

Environmental awareness empowers us to make choices that protect and respect the world we live in. Let's work together to make Earth a better place, one small step at a time.



PARENT'S CORNER

'Navigating the Challenges of Modern Parenting'

As parents, we face a multitude of challenges in today's fast-paced, technology-driven world. From balancing work and family life to managing screen time and social media, modern parenting can be overwhelming. In this article, we'll explore some common challenges and offer practical tips to help you navigate the complexities of modern parenting.

Challenge 1: Balancing Work and Family Life

With increasingly demanding work schedules and the constant pressure to stay connected, it's easy to lose sight of what's truly important – quality time with our families.

Solution:

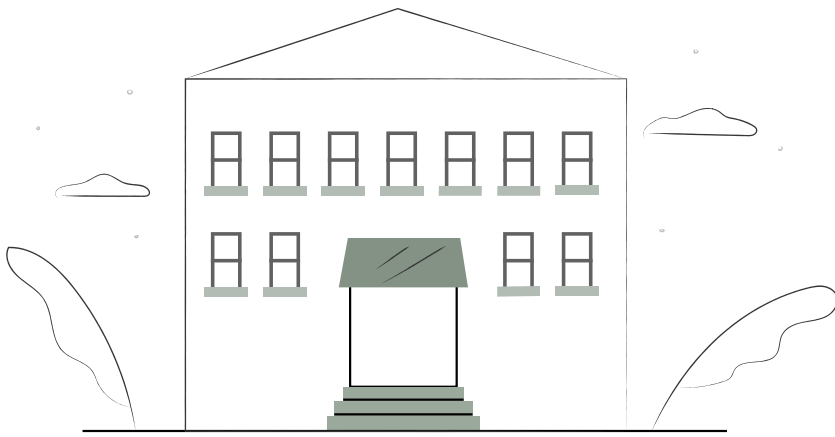
- Set clear boundaries between work and personal life.
- Prioritize family time and schedule regular activities together.
- Take advantage of flexible work arrangements, if possible.

Challenge 2: Managing Screen Time and Social Media

The digital age has brought unparalleled access to information and entertainment, but it also poses significant risks to our children's physical and mental health.

Solution:

- Establish screen-free zones and times (e.g., dinner table, bedrooms).
- Set limits on screen time and monitor usage.
- Encourage physical activity and outdoor play.



PARENT'S CORNER

Challenge 3: Maintaining Open Communication

In today's busy world, it's easy to lose touch with our children's thoughts, feelings, and experiences.

Solution:

- Schedule regular one-on-one time with each child.
- Practice active listening and empathy.
- Encourage open and honest communication.

Challenge 4: Managing Expectations and Pressure

The pressure to excel academically, athletically, and socially can be overwhelming for both parents and children.

Solution:

- Focus on effort, progress, and learning from failures.
- Encourage exploration and discovery.
- Prioritize mental health and well-being.

Conclusion: Modern parenting is complex and challenging, but by acknowledging these challenges and implementing practical solutions, we can:

- Foster stronger, more meaningful relationships with our children.
- Promote healthy habits and well-being.
- Create a supportive, loving environment for our families to thrive.

STUDENT'S CORNER

Dr. A. P. J. Abdul Kalam, one of India's most beloved leaders, was not only a brilliant scientist but also an inspiring teacher. He was born on 15th October 1931, in a small town in Tamil Nadu. Even though his family didn't have much money, he was determined to study and work hard.

Dr. Kalam loved learning about science, especially rockets and space. After college, he became a scientist and joined India's space program. He played a big part in building missiles like Agni and Prithvi, which helped make India strong and safe. Because of his important work, people started calling him the "Missile Man of India."

In 2002, Dr. Kalam became the 11th President of India. He was known as the "People's President" because he always wanted to help others, especially young people. He loved talking to students, encouraging them to dream big and work hard to achieve their goals.

One of his biggest contributions was in 1998 when he helped lead India's nuclear tests, making India one of the countries with nuclear power. He received many awards, including the Bharat Ratna, India's highest civilian award. Dr. Kalam passed away in 2015, but he is remembered as a true hero who inspired millions with his dedication, kindness, and love for learning.

- Aradhya Vimal,
Grade V 'A'

Upcoming Events

- Diwali Celebration
- World Public Transport Day
- National Education Day
- Children's Day
- Thanks Giving Day
- National Milk Day
- Ryan Family Day

